Environment & Culture in Costa Rica

January 2021

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There’s nothing quite like the rainforests of the “Rich Coast” to get the adrenaline pumping. At its heart, the Central American country boasts an epic landscape that is home to nearly 5 percent of the world’s biodiversity. Discover how fragile these endangered ecosystems are as you travel through different rainforest preserves and unearth dazzling displays of color and sound. Breakfast, lunch and dinner is included each day.
Day 1: Fly overnight to Costa Rica
- Meet your Tour Director at the airport
- Enjoy dinner in San José

Day 2: San José | Arenal region
- Take a walking tour of San José
- Visit Poás Volcano
- Travel to the Arenal region
- Visit the Arenal hot springs
- Enjoy breakfast, lunch and dinner

Day 3: Arenal region | Los Chiles
- Take a day trip to Los Chiles
- Take a boat tour of Caño Negro Wildlife Refuge
- Enjoy breakfast, lunch and dinner

Day 4: Arenal region | Monteverde
- Visit La Fortuna Waterfall
- Travel to Monteverde
- Enjoy breakfast, lunch and dinner

Day 5: Monteverde
- Visit the Santa Elena Cloud Forest Reserve
- Plant a tree in the EF Reserve
- Experience a canopy adventure
- Enjoy breakfast, lunch and dinner

Day 6: Monteverde | Central Pacific Coast
- Travel to the Central Pacific Coast
- Visit Rainforest Adventures
- Enjoy breakfast, lunch and dinner

Day 7: Central Pacific Coast
- Visit Manuel Antonio National Park
- Enjoy a crocodile river tour
- Enjoy breakfast, lunch and dinner

Day 8: Central Pacific Coast | Sarchí | San José
- Travel via Sarchí to San José
- Visit a coffee plantation
- Enjoy breakfast, lunch and dinner

Day 9: Depart for home

WHAT’S INCLUDED
- Round-trip airfare
- Accommodations
- Transportation
- End-to-end support
- Expert local guides
- Full-time Tour Director
- Guided sightseeing
- Entrances
- Regional-style meals

REQUESTED DEPARTURE DATE — SUBJECT TO CHANGE:

| JAN 06, 2021 | JAN 14, 2021 |

DEPARTURE CITY: BOSTON

PROGRAM NUMBER: 2278059YE

ENROLL BY PHONE:
877-485-4184

ENROLL ONLINE:
EFCST.COM/2278059YE

*PROGRAM PRICE VALID FOR TODAY. DOUBLE ROOMING IS REQUIRED FOR TRAVELERS AGE 30 AND OLDER AT THE TIME OF TRAVEL. CHANGE AND CANCELLATION FEES OF UP TO THE TOTAL PRICE WILL APPLY. APPLICABLE AIRLINE BAGGAGE FEES ARE NOT INCLUDED AND CAN BE FOUND AT EFCOLLEGESTUDYTOURS.COM/BAGGAGE. ALL PRICES SUBJECT TO VERIFICATION BY EF PROGRAM COORDINATOR. TO VIEW EF’S BOOKING CONDITIONS, VISIT EFCOLLEGESTUDYTOURS.COM/BC.